

President
NAMI San Gabriel Valley
2550 E. Foothill Blvd. #135
Pasadena, CA 91107

March 14th, 2020

Members, NAMI San Gabriel Valley
Community Partners and Citizens, San Gabriel Valley

Dear Members and Partners,

This notice is to apprise everyone of NAMI San Gabriel Valley's responses to the heightened health precautions our entire community is facing now. Several of our programs will be postponed or modified for the time being. We will continue to update you as the situation develops.

Two of the facilities in which we hold our classes, support groups and meetings have notified us with regret, that as of Monday March 16th, their facilities will be closed to all in-person community meetings until further notice. This includes Kaiser on Walnut, where we hold our Family to Family classes, and Wilson Auditorium of the Pacific Clinic Training Institute where we hold our Family Support Group, our speaker programs, and our board meetings. Further, we have received notice of the closure of area libraries to community meetings.

Please read thoroughly the following status list for our programs, and the accompanying precautions for our staff, volunteers, and guests.

The Family Support Group which normally meets on Thursdays at Wilson Auditorium is suspended until further notice. We are exploring the possibilities for increasing person to person NON-EMERGENCY telephone support until we resume our regular meetings.

The Family to Family class currently in session is postponed for one week, while we explore the possibility of resuming the class in a webinar format. If we find a webinar is not the best solution, the remainder of the class session will be postponed. Further, our upcoming planned schedule of Family to Family classes might also have to be delayed.

Individuals interested in taking the Family to Family class should continue to submit applications which are available on our website.

The **Connection Support Group** which meets at Las Encinas Hospital is still holding meetings as scheduled, and will use the following precautions:

- 1) Attendance will be limited to achieve social distancing, and attendees are asked to RSVP as usual, and remain home if not well.
- 2) Refreshments are limited to individually wrapped snacks, and individual bottles of water.
- 3) Hand sanitizer and tissues will be available during meetings.

Peer to Peer classes are on hold and will be scheduled once we have confirmation of an available location, and health advisories have been eased or lifted. Individuals interested in taking the class should fill out the on-line interest form.

Distinguished Speaker meetings and general membership meetings, normally held on second Wednesdays at Wilson Auditorium, are suspended until further notice.

Per notice from NAMI LACC (GLAC), **In Our Own Voice** presentations will only be given in a webinar format until further notice.

All NAMI San Gabriel Valley outreach activities, including NAMI in the Lobby, health fairs and displays, and distributing flyers in person are suspended until further notice.

All non-essential in-person meetings and NAMI SGV socials are suspended until further notice, including Family Support Group facilitator meetings, warm line training, board and committee meetings, and volunteer appreciation events.

Volunteers are asked not to offer their homes as alternative meeting spaces during this time of heightened health precautions.

The **Board of Managers** will meet by telephone conference in April.

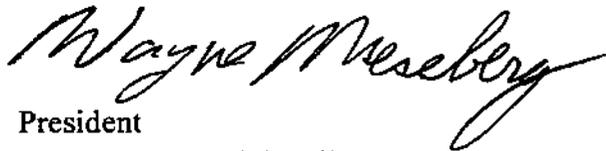
Warm Line new volunteer training will be accomplished by telephone conference in March and April.

Our NAMI San Gabriel Valley office remains open as of now; however, it is not to be used for meetings or training. Until further notice only paid staff and essential volunteers are to work in the office. This includes Karen Levin, Levetta Washington, Eda Pinkston, Sylvia Gil, the president, the treasurer, and Ellie Oliva during her Monday afternoon data entry shift. Any other arrangements for volunteer work or visits to the office are at the discretion

of Karen Levin and are to be arranged by contacting Karen at the office or by email. We are limited to a maximum of four people in the office at one time, and the fewer the better.

We must have patience and work together to protect our own and our colleagues' well-being as we cooperate to provide as much community support as we can during this temporary suspension of our meetings and classes. As always thanks for your dedication, your flexibility and your grace in challenging circumstances.

Wayne Meseberg

A handwritten signature in black ink that reads "Wayne Meseberg". The signature is written in a cursive, flowing style with a large, prominent "W" and "M".

President
NAMI San Gabriel Valley