



Los Angeles
County Council

NAMI Basics Teacher Training Opportunity

NAMI Los Angeles County Council will sponsor a Basics Teacher Training, **September 15 & 16, 2018, in Pasadena**. The Basics curriculum is designed to enable co-leaders who are not mental health professionals to conduct the classes. It is an opportunity for NAMI members to help guide other family members in navigating the challenges of supporting a loved one who is experiencing a mental illness. Teachers also let students know they are not alone.

Requirements:

- Graduates of a Basics course or Family to Family course are preferred but not required.
- Must be a parent or caregiver of a child who exhibited symptoms of mental illness before the age of 13.
- Be at a point in their life where they are familiar and comfortable with the emotional issues families face and can self-disclose about their own feelings regarding their life situation.
- Current membership in a NAMI Affiliate in Los Angeles County
- Attend the **entire** two-day training
- Commit to teaching two Basic classes within two years of training
- Teaching experience is not needed!

After your application is reviewed and you are accepted as a participant we will then contact you with more details for this training.

What:	Two-day NAMI Basics Teacher Training
Who:	Contact Sylvia Gil, Coordinator for an application at (323) 351-0999 or Sylvia@namilacc.org
When:	September 15 & 16, 2018 Saturday, 8:30 a.m. – 5:30 p.m. Sunday, 8:30 a.m. – 5:30 p.m.
Where:	Kaiser Walnut Center, Pasadena
Cost:	LA County NAMI affiliate members \$100, waived upon participant graduation. Outside affiliates \$200. Cost covers trainer fees, breakfast and lunch for both days; and training materials*
Deadline:	Applications must be received by September 1, 2018 .

*NAMI (individual) members or affiliates cover the cost of dinner and hotel accommodations for students.

To request an application or for questions contact Sylvia Gil, LACC Education Coordinator,
Email: sylvia@namilacc.org, 323-351-0999

