



Los Angeles  
County Council

## NAMI Basics Teacher Training Opportunity

NAMI Los Angeles County Council will sponsor a Basics Teacher Training, **September 15 & 16, 2018, in Pasadena**. The Basics curriculum is designed to enable co-leaders who are not mental health professionals to conduct the classes. It is an opportunity for NAMI members to help guide other family members in navigating the challenges of supporting a loved one who is experiencing a mental illness. Teachers also let students know they are not alone.

### Requirements:

- Graduates of a Basics course or Family to Family course are preferred but not required.
- Must be a parent or caregiver of a child who exhibited symptoms of mental illness before the age of 13.
- Be at a point in their life where they are familiar and comfortable with the emotional issues families face and can self-disclose about their own feelings regarding their life situation.
- Current membership in a NAMI Affiliate in Los Angeles County
- Attend the **entire** two-day training
- Commit to teaching two Basic classes within two years of training
- Teaching experience is not needed!

*After your application is reviewed and you are accepted as a participant we will then contact you with more details for this training.*

<b>What:</b>	Two-day NAMI Basics Teacher Training
<b>Who:</b>	Contact Sylvia Gil, Coordinator for an application at (323) 351-0999 or <a href="mailto:Sylvia@namilacc.org">Sylvia@namilacc.org</a>
<b>When:</b>	September 15 & 16, 2018 Saturday, 8:30 a.m. – 5:30 p.m. Sunday, 8:30 a.m. – 5:30 p.m.
<b>Where:</b>	Kaiser Walnut Center, Pasadena
<b>Cost:</b>	LA County NAMI affiliate members \$100, waived upon participant graduation. Outside affiliates \$200. Cost covers trainer fees, breakfast and lunch for both days; and training materials*
<b>Deadline:</b>	Applications must be received by <b>September 1, 2018</b> .

\*NAMI (individual) members or affiliates cover the cost of dinner and hotel accommodations for students.

To request an application or for questions contact Sylvia Gil, LACC Education Coordinator,  
Email: [sylvia@namilacc.org](mailto:sylvia@namilacc.org), 323-351-0999

