



FAMILY SUPPORT GROUP & CONNECTION MEETING SCHEDULE

Family Support Group (FSG): for family members and caregivers of those living with a mental illness

Connection Support Group: for peers living with a mental illness

NAMI Antelope Valley:

www.namiantelopevalley.com

Phone: (661) 341-8041

Email: nami-av@nami-av.org

FSG English

Second and fourth Monday

7:00 pm – 8:30 pm

Antelope Valley Hospital

1600 W. Avenue J - 2nd floor

Lancaster, CA 93534

FSG Spanish

Primer martes

First Tuesday

6:00 pm – 8:00 pm

NAMI AV Conference Room

44349 Lowtree Ave.

Lancaster, CA 93534

Connection English

Second and fourth Monday

7:00 pm – 8:30 pm

NAMI AV Conference Room

44349 Lowtree Ave.

Lancaster, CA 93534

NAMI East San Gabriel Valley:

Message Phone: (626) 974-8702

FSG English

Thursdays

7:30 pm – 9:00 pm

La Puente First United Methodist Church

15701 E. Hill St.

La Puente, CA 91744

FSG English

Second and third Tuesday

5:30 pm – 7:00 pm

Pacific Clinics Sierra Family Center

1160 S. Grand Ave.

Glendora, CA 91740

NAMI Glendale:

www.namiglendale.org

Phone: (213) 797-0494

Email: namiglendale@gmail.com

FSG English

Tuesdays

6:00 pm – 7:30 pm

Didi Hirsch

1540 E. Colorado St.

Glendale, CA 91205

FSG English

Second and fourth Sunday

5:00 pm – 6:30 pm

Glendale Adventist Hospital

Psych 1 West Classroom 1 (Ground Floor)

1509 Wilson Terrace

Glendale, CA 91206

FSG Spanish

Martes

Tuesdays

5:30 pm – 8:30 pm

Northeast Wellness Center

5564 Figueroa St.

Los Angeles, CA 90042

NAMI Glendale (cont.)

FSG Armenian
Every last Thursday
6:00 pm – 7:30 pm
Didi Hirsch
1540 E. Colorado St.
Glendale, CA 91205

Connection English
Second and fourth Tuesday
6:00 pm – 7:30 pm
Didi Hirsch
1540 E. Colorado St.
Glendale, CA 91205

NAMI Long Beach:

www.namilongbeach.org

Phone: (562) 435-2264

Email: nami@longbeach.org

FSG English
Second and fourth Wednesday
7:00 pm – 8:00 pm
NAMI Long Beach office
5230 Clark Ave., Suite 2
Lakewood, CA 90712

Faith-Based FSG English (non-denominational)
Third Wednesday
6:30 pm – 8:00 pm
NAMI Long Beach office
5230 Clark Ave., Suite 2
Lakewood, CA 90712

Connection English
Mondays
6:00 pm -7:30 pm
NAMI Long Beach office
5230 Clark Ave., Suite 2
Lakewood, CA 90712

NAMI Pomona Valley:

www.namipv.org

Info helpline: (909) 399-0305

Office number: (909) 625-2383

Email: namipv@verizon.net

FSG English
First Tuesday
6:15 pm – 7:30 pm
Claremont Presbyterian Church
1111 N. Mountain Ave.
Claremont, CA 91711

FSG English
Fourth Tuesday
6:30 pm – 8:30 pm
462 N. Indian Hill Bl., Suite A
Claremont, CA 91711

Connection English
Fridays
7:00 pm – 8:30pm
1601 Monte Vista Ave.
Claremont, CA 91711

Connection English
First Tuesday
6:15 pm – 7:30 pm
Claremont Presbyterian Church
1111 N. Mountain Ave.
Claremont, CA 91711

NAMI San Fernando Valley:

www.namisfv.org

Info Helpline: (818) 994-6747

Email: info@namisanfernandovalley.org

FSG English
Second and fourth Wednesday
7:00 pm – 8:45 pm
SFV Community Mental Health Inc. Center for
Family Living
14545 Sherman Circle
Van Nuys, CA 91405

NAMI San Fernando Valley (cont.)

FSG for spouses, brothers, sisters and adult children of people with mental illness. English
First Wednesday
7:00 pm – 8:30 pm
SFV Community Mental Health Inc. Center for Family Living
14545 Sherman Circle
Van Nuys, CA 91405

FSG English
First and third Thursday
7:00 pm – 8:45 pm
Northridge Hospital Medical Center/Mental Health Institute/Carol Pump Building
18300 Roscoe Bl.
Northridge, CA 91325

FSG for spouses, brothers, sisters and adult children of people with mental illness. English
Third Tuesday
7:00 pm – 8:30 pm
Northridge Hospital Medical Center/Mental Health Institute/Carol Pump Building
18300 Roscoe Bl.
Northridge, CA 91325

FSG English
First Monday
7:00 pm – 8:45 pm
Northridge Hospital Medical Center/Mental Health Institute/Carol Pump Building
18300 Roscoe Bl.
Northridge, CA 91325

FSG English
Second and fourth Monday
7:00 pm – 9:00 pm
West Valley Christian School
22450 Sherman Way
West Hills, CA 91307

FSG English
First and third Tuesday
6:30 pm – 8:00 pm
Santa Clarita Mental Health Clinic
23501 Cinema Dr. Suite 210
Santa Clarita, CA 91355

FSG English
Second and fourth Monday
7:00 pm – 8:30 pm
Real Life Church, Room 212
23841 Newhall Ranch Rd.
Valencia, CA 91355

FSG Spanish
Primer y tercer martes
First and third Tuesday
6:30 pm – 8:00 pm
Olive View Community Mental Health Urgent Care Center
14659 Olive View Dr.
Sylmar, CA 91342

Connection English
Saturday
10:30 am – 12:00 pm
Kaiser Permanente-Group room 2
21263 Erwin St.
Woodland Hills, CA 91367

NAMI San Gabriel Valley:

www.namisangabrielvalley.org

Phone: (626) 577-6697

Email: sgvname@pacificclinics.org

FSG English
Thursdays
5:30 pm – 7:30 pm
Wilson Auditorium
2471 E. Walnut St.
Pasadena, CA 91107

FSG Cantonese & Mandarin
First Thursday
6:00 pm
Asian Pacific Family Center
9353 E. Valley Bl., Suite C
Rosemead, CA 91770
(626) 287-2988

Connection English
First and third Monday
4:00 pm – 5:30 pm
Aurora Las Encinas Hospital
2900 E. Del Mar Bl.
Pasadena, CA 91107

NAMI South Bay:
www.namisouthbay.com
Phone: (310) 533-0705
Email: pstans5@aol.com

FSG English
Third Monday of the month unless legal holiday and
then fourth Monday
6:00 pm
First Lutheran Church
2900 W. Carson St.
Torrance, CA 90503

FSG English
Fourth Tuesday
7:00 pm
Lutheran Church of the Good Shepherd
20110 Victor St.
Torrance, CA 90503

FSG English
Second Tuesday
6:00 pm - 7:30 pm
Temple Emet
2051 W. 236th St.
Torrance, CA 90501

FSG English
Fourth Monday
7:00 pm – 8:30 pm
El Segundo Library
Rose Garden Room
111. W. Mariposa Ave.
El Segundo, CA 90245

FSG Japanese
Second Monday
2:00 pm – 4:00 pm
Harbor UCLA Wellness Center
21730 Vermont Ave., Suite 210
Torrance, CA 90503

FSG Spanish
Martes
Tuesdays
4:30 pm – 6:30 pm
Harbor UCLA Medical Center
Building D2
1000 W. Carson St.
Torrance, CA 90502

Connection English
Thursdays
6:00 pm
Harbor UCLA Medical Center
Building 2 South
1000 W. Carson St.
Torrance CA 90502

NAMI Los Angeles South Central:
Phone: (310) 668-4271
Email: namisouthcentral@gmail.com

FSG English
First and third Thursday
5:00 pm – 6:30 pm
Augustus F. Hawkins Family Focus Mental Health
Center
Meeting Room 1119
1720 East 120th St.
Los Angeles, CA 90059

NAMI Urban Los Angeles:
www.namiurbanla.org
Phone: (323) 294-7814
Email: info@namiurbanla.org

FSG English
Second and fourth Thursday
7:00 pm – 9:00 pm
Leimert Park
4305 Degnan Bl., Suite 104
Los Angeles, CA 90008

FSG Spanish
Tercer jueves
Third Tuesday
10:30 am – 12:00 pm
Enki Family Clinic
6001 Clara St.
Bell Gardens, CA 90201

FSG Spanish:
Primer y tercer viernes
First and third Friday
6:00 pm – 7:30 pm
Veteran's Park
6662 Loveland St.
Bell Gardens, CA 90201

NAMI Urban Los Angeles (cont.)

FSG Spanish
Thursdays
Jueves
9:00 am – 10:30 am
Clinica Familiar San Antonio
2629 Clarendon Ave.
Huntington Park, CA 90255

FSG Spanish
Segundo y cuarto jueves
Second and fourth Tuesday
5:00 pm – 6:30 pm
Leimert Park
4305 Degnan Bl., Suite 104
Los Angeles, CA 90008

FSG Spanish
Fourth Tuesday
10:30 am - 12:00pm
ENKI Family Clinic
1436 Goodrich St.
Commerce, CA 90022

NAMI Westside:

www.namila.org

Phone: (310) 889-7200

FSG English
Mondays
6:30 pm – 8:00 pm
Didi Hirsch
4760 Sepulveda Bl.
Culver City, CA 90230

FSG English
First Tuesday
6:00 pm - 7:30 pm
Malibu Public Library
23519 W. Civic Center Way
Malibu, CA 90265

FSG English
Second and fourth Tuesday
6:00 pm – 7:30 pm
Topanga Library
122 N. Topanga Canyon Bl.
Topanga, CA 90290

FSG English
Second and fourth Saturday
10:00 am -11:30 am
Brentwood Branch Library
11820 San Vicente Bl.
Los Angeles, CA 90049

FSG Spanish
Segundo y cuarto jueves
Second and fourth Thursday
7:00 pm – 8:30 pm
Daniel's Place
1619 Santa Monica Bl.
Santa Monica, CA 90404

Connection English
Wednesdays
6:30 pm - 8:30 pm
Didi Hirsch
4760 Sepulveda Bl.
Culver City, CA 90230

NAMI Whittier:

Phone: (562) 692-8006

Email: namiwhittier@aol.com

FSG English
Second and fourth Thursday
6:30 pm – 8:00 pm
First United Methodist Church
Wesley Building, Room 121
6725 Friends Ave.
Whittier, CA 90601